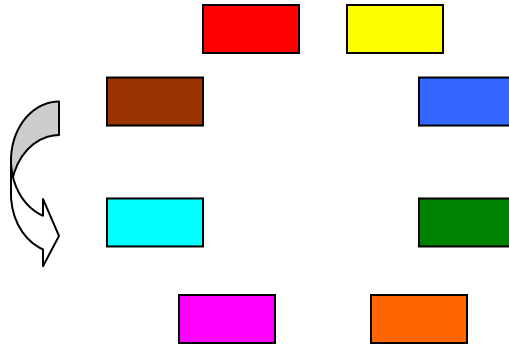


Week 4:

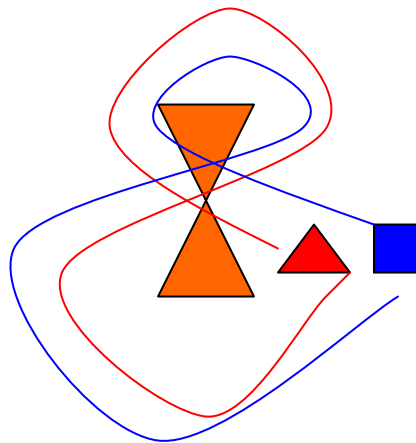
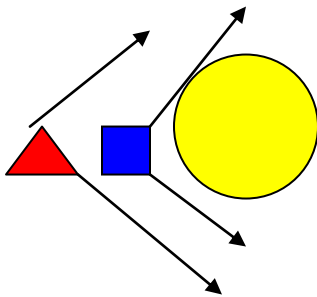
Warm-ups:

Musical Mats

1. play
2. sit-stays
3. down-stays
4. targets
5. Gotcha Game
6. play with toys
7. recall w/distraction
8. Focus Work/Name Game



Circle Work to Figure 8's



Goal:

- Improve dog/handler teamwork
- Improve communication between handler and dog
- Opportunity to work on body language

Introduction of obstacle – Pause Table

Demo by Agility Team

Introducing dog to table

Sit-stays

Down-stays

Begin “go to” table

Run-Thrus

1. Weave Poles (left, right and call-thrus)
2. Dog Walk
3. Tunnel
4. Ladder

Handler/dog teams will be expected to practice crate games and mat games while waiting turn on obstacle.

Week 5

Warm-Ups

- ❖ *play with toys and handler
 - a. Name Game
 - b. Gotcha
 - c. Play with recalls
- ❖ *crate games
- ❖ tellington maze
- ❖ target board

Focus Forward Exercise

Goal:

- Teaching dog to focus forward on object (toy)
- Teaching dog to wait until released by handler
- Improve handler timing

Introduction of Obstacle – low jump

Demo by Agility Team

- Focus forward exercise with jump added
- Increasing comfort level of dog with jump obstacle

Introduction of Concept: Change Hands = Change Directions

Demo by Agility Team

Goal:

- Increase handler body language awareness
- Introducing concept of different hands/different direction to dog

Run-thrus

- ❖ Weaves
- ❖ Ladder
- ❖ Dog Walk
- ❖ Tunnel
- ❖ Pause Table

Teams will be expected to practice crate games and mat exercises during wait time.

Week 6

Skills/Proficiency Exercise

All handler/dog teams will be expected to show a minimum level of proficiency on each of the following obstacles:

- ❖ Ladder
- ❖ Dog Walk
- ❖ Tunnel
- ❖ Pause Table
- ❖ Jump
- ❖ Weave Poles

All handler/dog teams will be expected to show control and reliability on the following exercises.

- ❖ Recalls with distance and distractions
- ❖ Sit-Stay with distractions and distance
- ❖ Down-Stay with distractions and distance
- ❖ Wait
- ❖ Demonstrate Understanding of “target”
- ❖ Figure 8’s on leash

Instructors will discuss recommendations for each handler/dog team after completion of proficiency exercises.

Please understand that agility is a series of skills building classes. Some dogs may move faster through some levels than other dogs. Remember to relax and have fun!

